1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

Attitudes and Beliefs about Nature

The Greek people, as one would expect of individuals everywhere, vary considerably in their attitude toward the physical environment.[3] Some, completely oblivious to the beauty about them, nevertheless try to read the weather signs in order to know when they should plow or sow. Some, at the other extreme, show a deep sensitivity to the changing moods of nature, as, for example, the illiterate shepherd in the Boeotian village of Schematari who would take pencil and paper and lovingly draw a tree-filled landscape or the rising sun. Most of the Greek villagers, however, seem to fall between these two extremes; from time to time they, in the words of one peasant, "gain an optimism in life when they see the beauty of a nice slope of the mountain or a lovely dawn." On the whole, the world seems a friendly place and there are few things to fear at the hands of nature.

More than this, the world is in God's hands. The frequent reference to God in popular speech may be a cultural trait handed down from generation to generation, but some of the oft-repeated, time-honored phrases are said with such animation and with such a light in the eye that they must express the individual feeling of those using them. There is no counterpart in English to the common phrase *Chara Theou* (Joy of God), which combines not only rapture and active enjoyment but the sense of the sparkling light God sheds on the earth. During the spectacular Greek spring, this phrase is a most appropriate way of describing one's feeling.

Even those who are not very conscious of their natural surroundings from day to day miss them deeply when distant from them. Over and over again, returned emigrants in Greek villages gave as the reason for their departure from America their need to see the mountains or plains or the sea on which their eyes had rested while they grew up.

Much of this feeling toward nature is based on the sense of intimacy with her.[4] Indeed, one of the first requirements in trying to understand the life of any people is to learn their reaction and adjustment to the natural world. The Greek farmer studies nature for important signs which tell him whether to bring the flock in from the high hillside, whether to start or delay a journey, whether to put out his tobacco plants. Those signs directly relating weather to agriculture are obvious and easily understood by the Westerner, if not always accepted as scientifically valid. But the signs which natural objects and events provide of the supernatural — illness and death, the appearance of ghosts, or even the way the universe was made and is run — all of these stretch the imagination of the scientifically trained specialist, who may be inclined to dismiss them as superstition and therefore unimportant. Nevertheless, they continue to be important to many Greek villagers, young and old alike.

In listening to folk interpretations of nature, one also learns much about

1:Sanders Z-5,N (1952-1959) 1962 EH1 Greece EH1

the people's attitudes. One must not venture under trees when there is lightning or go to sleep during the day under a walnut tree with its thick foliage (in Central and Southern Greece) or under a fig tree (farther south). A young woman from the Peloponnesos explained that Christ was sitting under a fig tree when he was taken, thus accounting, in her mind at least, for this taboo. As we shall soon see, the idea of fate, destiny, or necessity is strong today, as it was in classical Greece. Natural phenomena are important in helping one learn what is to come or in helping to ward off some impending evil or difficulty.

Plants to some extent aid in knowing what lies ahead. However, most of the blossoms, fragile and fragrant, appear for such a short period in the spring that they are enjoyed primarily for their beauty. Fruit trees in bloom are looked upon as a glorious miracle of color, and one is urged to go out of the way just to see a particularly beautiful tree, especially an almond tree in January. But there are some plants that are appreciated for more than their beauty.

In many parts of Greece belief in the good luck brought by a four-leafed clover is strong. No bullet can affect it, as shown by the following folk story:

> Once there was a man who had a silver tobacco case on which he had stuck a four-leafed clover. They put it up as a target and shot bullet after bullet but could not hit it. Afterwards they took away the clover and the case was easily pierced.

If a peasant from Northern Greece comes upon a form of the peony known as "The Holy Virgin's Hand" (*Tes Panagias to cheri*), he may remember that sprigs of it are thrown into the jug from which the water is poured for a woman in travail.[6] The name just as much as the properties of the herb is supposed to relieve the pains of labor. After the birth, the midwife is apt to hang cloves of garlic on the mother and the baby to ward off the Evil Eye. Garlic is so powerful against evil that, when one fears that an envious person will cast a spell upon the animal or baby or any other object of envy, one should say *skortho sto matia sou* (garlic in your eyes).

Anemones, hyacinths, basil, and thyme,[6] as well as the olive tree, the laurel, or the cypress, have stories associated with them which the old people tell to the children. Thus, nature seems intimate since so much of its handiwork carries deep and traditional meaning for the villager.

Animals have an even more special meaning. Both the occasional wild animal and the domestic animals reveal what to expect in the way of catastrophe or changing weather. For example, a man plowing in Central Greece may see a horsefly rest on someone and read into that simple occurrence the coming of a guest. If a person from the island of Spetsai catches a

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

horsefly, he will put it in his wallet for good luck. Or if he is returning from the field and sees two crows quarreling while flying high over a house, he will be reminded of the belief that either the husband or the wife in that house will die soon. If he sees a crow pass in front of him from right to left, he will consider it a good omen; but if from left to right, he will expect bad luck. Should a rabbit or snake be in the path ahead, the peasant knows he must walk on in a straight line; should the road turn to the right or left, then the individual had better return home and start the journey the following day.

A spider walking on you will bring good luck, but if you come upon two snakes fighting and eating each other, a close relation of yours will die. Should you be a shepherd in the Vardousia Mountains of Central Greece, you would probably believe that the wild goats which graze in herds are guarded by the devil and that is why one can hear them make a whistling noise. Furthermore, these wild goats have the same notches cut in their ears as the tame ones kept by the shepherds, which to these mountaineers is proof positive that the devil must be the one who puts the markings there.

Seeing some insect or animal may bring to mind a story learned when a child. The bee, for instance, was once as white as cotton. When Adam and Eve met the devil in the Garden of Eden, it was the bee that saw them first and flew immediately to tell God the news. The devil, who was then holding a burning torch in his hand, ran and tried to catch the bee to keep her from her mission. He could not reach her, but as she was nearing God the devil from afar threw the flaming torch at her. The fire singed her so that she became black. God, who saw all of this, ordered the human beings to burn in the churches only the candles made from beeswax since the bee had proven to be the purest creature of all. I am often asked if these folk beliefs (cited here and in later sections of this book) are widely held or are only the relic in the mind of some aged person. It is safe to say that almost all of them are very much alive at the conversational level. People are aware of them, talk about them. Obviously, many act on them, while others do not. But they are a part of the general atmosphere, as is the belief common in America that a person should not walk under a ladder.

Such beliefs, stories, and personal experiences with many kinds of plants and animals reinforce the rural Greek's sense of intimacy with nature, which develops because of his constant exposure to the elements in the course of his daily life. The Greek peasant, like many farmers elsewhere, moves through a living landscape with which he communicates.

The same holds true for his view of the cosmos and the movement of the heavenly bodies.[7] One of the simplest and clearest descriptions of the latter is taken from an account of a village prepared by a singing master in

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One night "unknown persons" changed the course of the spring and the water was diverted toward Papadates.

As Kerasovo villagers conferred in the village square, forty villagers from Papadates, armed with stones, assaulted the fringes of Kerasovo.

A general alert was sounded. Hoes were taken from the barns of Kerasovo, knives from the kitchens and hand grenades — relics of the Greek civil war — from various hiding places.

Meanwhile, armed reinforcements arrived from Papadates. Policemen fired into the air to intimidate the enraged villagers, but no one paid any attention.

A few hours later two infantry companies arrived from the nearest town and imposed martial law. Two teen-age girls died from injuries received during the battle. (*New York Times*, September 9, 1954)

The storks like to nest in a village around which there are watered meadows or even marshes. In the village of Almyros, between Lamia and Volos (in Thessaly), a family of storks had built a huge nest of mud and twigs around the cross on the top of the church. "You see," the peasants of Almyros say, "his nest on that spot shows that the stork is a blessed bird." Pharsala, on the main route between Athens and Thessalonike, stands out as a town especially favored by the storks whose coming is considered a good omen. In Epirus and Macedonia and Thrace the evening silence is often broken by the rattlelike noise which this bird makes with his red beak — his white plumage gleaming in the waning sunlight and his long legs silhouetted against the sky. The storks are to the plains what the eagle is to the mountain, one a bird of the lowlands which builds his nests in the chimneys of village homes with people all around, and the other a bird of the heights preferring solitude and willing to pit himself against nature's angriest moods.

Mountains versus Plains

Mountains and plains take on social meaning as people try to gain a living from them. In Greece people frequently speak of "mountain villages" and "plains villages" as though their residents differed from each other. As a matter of fact, both in physical appearance (location, house types, and land use) and in accessibility, the plains and mountain villages are distinct and will be described more fully in a later chapter.

K. D. Karavidas, of the Agricultural Bank of Greece, has for a long time been interested in this problem and points it up by telling an anecdote:

This happened in a mountain village in Central Greece near the Gulf of Corinth. Every year these people would come down to the plains, work fifteen days, and get beans and wheat to carry them through the year. During the German occupation, however, the prices of food went so high that the plains peasants decided to do their own harvesting. They took the produce, which

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Woman's work in Greece, as elsewhere, does not lend itself to neat, logical treatment. It does not have a beginning or any definable end. As a result, discussion of it moves from one topic to another with no necessary connection between them except the fact of the woman's involvement. As a wife, she is a partner to her husband; she bears and mothers the children; she prepares the food and still makes much of the clothing at home; she helps with the farm tasks; she has the responsibility for keeping the family well, or at least seeing an ailing member through an illness. To follow the women through the variety of these experiences is to move to the center of family life in rural Greece.

Getting Along with the Lord and Master

The world of the Greek woman revolves around the man. When young, her first concern — and the concern of her family — is to find a man and, through a dowry, "buy" him. After marriage she moves unobtrusively in his orbit and keeps their children, when they begin to arrive, in their proper course. Tradition still influences the way the woman gets along with the man.

In any social relationship, including that between husband and wife, a pattern of dominance and subordination develops. The Greeks assume that the man has the higher position. One village woman, when commenting on this, said with genuine earnestness: "My husband is a superior being; I must keep my distance." This sentiment is reflected in the relative social status of men and women, as well as in legal, moral, political, and economic rights. But even in delineating the differences in status between husband and wife one must bear in mind that broad social changes are under way throughout all of Greece which are leading to a rise in woman's position.

Some indication of woman's place is given by the preference for boys over girls. In some parts of Greece, a man when asked how many children he has will reply: "Two sons and, begging your pardon, one daughter." Or he might say: "Two children, one girl." In some villages of Thrace, however, the father might use a poetic touch in answering "two sons, one guest," implying that the daughter's permanent home is that of her husband. Since, true to the patriarchal, agrarian tradition, the line is continued in the son, one of the tests of a father's manliness is his ability to procreate sons. Preference for a son is reinforced by the need to collect a dowry for a daughter, who thus represents an economic drain. Indeed, the interest in the sex of the unborn child is so great that many ways have been developed for predicting the birth of a boy or a girl. Such practices, although taken jokingly or at best semiseriously by many, do figure prominently in women's conversations.

In Aetolia a relatively simple method may be used. One need only take a piece of wood from the loom, put it in a public road, and see who passes over it. If a man does, a boy is on the way; if a woman, a girl. In Gortynia,

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you put an orange seed in the fire and name a pregnant woman. If the seed jumps high, it will be a boy; if low, a girl. Much is made of the size and shape of the child in the womb. If the expectant mother "has a small belly," she will have a boy. Another method is to wrap a knife in a handkerchief and put it in a chair. If a pregnant woman sits in the chair, feels the object, and identifies it as a knife, then she will bear a boy. The same will hold true if by chance she uses her right foot every time she steps into a house. Or one can take the half-moon bone from the head of a fish, throw it on the head of an expectant mother without her knowledge. If she starts looking down, she will deliver a girl; if she feels in her hair to see what hit her, she will have a boy. Thus, from his earliest days, a son is given a sense of importance, a feeling which tends to be accentuated as he grows older.

Women, by observing the formal proprieties, show their deference to men and seemingly manifest to all about them their status as inferior beings. Foreigners in Greece are deceived, however, if they mistake this *form* for the *essence* of family life, since the Greek mother is a key figure in the home, even though she stands up when her husband comes into the room or walks if there is only one donkey. Village men, when asked about this last practice, often reply, "Why, my wife would be ashamed to be seen riding if I were walking. The other women would laugh her out of the village." Younger men, whose ideas on these matters differ from those of the previous generation, proudly assert that they make their wives ride if tired. Yet the women who may be walking behind their mounted husbands do not feel inferior, for they are observing an accepted custom. According to some observers, a woman who lets her husband enter first or have the best chair feels no more inferior than would a man in the West who holds the door open for a woman or gives her his seat on a crowded subway.

It is hard to know what goes on in a woman's mind when she is at the fountain filling two five-gallon tins to carry back home and suddenly is joined by her husband who has just returned from town by bus with a small twine bag of groceries. He offers the bag to her and says that he will carry the heavy tins, but she refuses. Does she say to herself: "He has his work and I have my work"; "I don't want the other men to laugh at him carrying water, which is woman's work"; "I don't want the women laughing at me for letting my husband do my work when I'm capable of doing it"; "He probably offers to do this for me so he can ask me to do something else much more disagreeable"? Nevertheless, the upshot is that she carries the tins. To be sure, the women refuse to smile when they hear the men in the home joking about the way some husband in Northern Greece, at the end of the Communist guerrilla war, supposedly made his wife walk in front in order to protect him from any undetected land mines left over from the war.

If the wife has worries, she discusses them with other women and only occasionally with her husband.

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Religious Holidays and Namedays

Family members, however, do not have to wait for the coming of an annual festival or fair to find an occasion for dancing or taking things easy. There are many other religious holidays calling for special observances in addition to Easter, the most important, and the Twelve Days surrounding Christmas. For example, Greek civil servants observe, with pay, approximately twenty-five holidays throughout the year, and industrial workers honor about half this number, some of them with pay. The villager, closer to the traditions for which the holidays stand, will celebrate the full twenty-five and others added for good measure.

To trace all of these holidays would call for a detailed Calendar of Customs, a list far too lengthy to be incorporated here even if one had mastered through the years the many regional variations throughout Greece.[6] What is more important is the realization that holidays do play an important part in adding rhythm and color to family and community life, as well as indicating to the farmer, whose agricultural work cycle is closely meshed with the regularly recurring holidays, that it is time for him to take up or finish some important activity.

I tend to associate each of the major Greek holidays with the particular village or city I happened to be in at the time of its observance. On one May Day, for example, I was in the heart of the Peloponnesos where groups of school children with their teachers were taking walks through the fields, an excursion-picnic. And, then, in the early afternoon to be invited to participate in the festivities at the school proved pleasant indeed. An important part of the activities was the hanging of the wreath over the door of the school, a pagan custom supposed to drive away evil.

Near Phlorina, in 1953 and again in Athens in 1955, I observed the commemoration of the holiday in honor of St. John the Baptist on June 24. This pagan midsummer festival has survived on into the present so much so that even in Athens, to say nothing of the villages, on St. John's Eve small boys light fires in the yards or streets and jump over them. One is supposed to burn all worthless things as a symbol of purification of the house and, as token of personal purification, one jumps over the fire while shouting "I leave my sins and my fleas behind me."[7] Into the same fire the peasants throw the withered May Day wreaths. This too is the evening when the girls of the village seek to learn their fortunes from the "dumb" or speechless water which a maiden or, in some places a young boy, brings from the fountain while remaining absolutely quiet despite the efforts of the bystanders to make the bearer talk. Later, each girl drops some easily identified possession into the jar which is "locked" until the next evening, thereby giving the name of *kledona* (from *kledi*, key) to this particular custom. When it is unlocked, the girls sing songs which foretell

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

796 whom they will marry. This is done by associating the verse being sung
[787] with the girl whose forfeit is drawn from the pitcher or jar at that particular time.

[771] To call attention, however, to the major holy days is to overlook the importance of the minor holy days in regulating much of the life of the older
[243] villager who is still apt to be tradition-bound. For example, on July 2, the Day of the Virgin the Sheafbearer, many peasants will not harvest for fear that any sheaves they would gather would be destroyed by fire; or on
[252] July 7, the Day of St. Kyriaki, peasant women in many parts of Greece
[245] will not bake bread for fear that it will be eaten by snakes; or on July 17, the Day of St. Marina, the people go to the vineyards to collect grapes. On
[782] this same day they may make a public sacrifice of a calf, letting the animal's blood run in a special ditch; they follow this sacrifice with a common meal. On July 20, the Day of the Prophet Elijah (Elias), there are also festivals and sacrifices, chiefly because so many churches are named in his honor.
[821] Some people go to worship on the mountaintops; others try to foretell the weather since Elijah is associated with rain and thunder; and still others light fires on the mountainsides or in the villages.

[231] Thus one could run through each month. There are dates when livestock
[357] owners can begin to let their animals pasture freely in fields and vineyards (September 14), when master and servants are supposed to draw up the
[675] contract between them (October 26), when the wine cask is to be opened
[241] (November 3 or 11), when agricultural work is to be finished for the year (November 14), when the fountain is to be fed with seeds (November 21), when the icons are to be dipped into the sea (December 6).[a] Each of these dates in and of itself is perhaps not very significant, for the taboos and customs are of a relatively simple sort; but they do illustrate the rich heritage of folklore which surrounds every village, day in and day out, and which adds to the color and vividness of rural life in Greece.

527 These saints' days also afford the basis for the custom of observing namedays. In Greece, a person and his family pay little attention to his birthday but make much of the day of the saint whose name he bears. In
[782] Amphypolis, for instance, on a boy's nameday his parents will sacrifice a lamb. They will sing and dance and afterwards feast on the lamb because,
[535] as one village girl expressed it, "each boy belongs to a certain saint and the
[574] lamb is for the saint." Throughout Greece one visits a friend on his nameday, enjoys the good food that is served, and wishes the individual long life and happiness. In a village where there are many people named Constantine or George, people go from one party to another until they have had more than enough food and drink.

796 The greatest holidays of the year are Christmas and Easter, with the
[785] latter being the more important. As a matter of fact, Christmas is only one part of the so-called Twelve Days (*Dodekaemeron*) between Christmas

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776 considered so real that many villagers going outdoors after dark take both
784 a light and a cross for protection. Nor should one do any washing of
296 clothes during the Twelve Days, go to the fields to work, borrow from a
241 neighbor, or believe in the efficacy of dreams since they will not come
426 true at this time.[9]
787 After the Emmanuels have had their nameday on the twenty-sixth and the Stephens theirs on the twenty-seventh, the women start preparing the traditional New Year's Eve dishes. On the thirtieth special attention is given
262 to the baking of the *vasilopita*, a special cake named in honor of Saint Basil (Hagios Vasilis), a very important figure. A coin has been placed in the cake, on the top of which the date of the year is written. Chestnuts and almonds are used for decorations.

533 On New Year's Eve, throughout the day, the children go around carol-
824 ing again much as they did on Christmas Eve, but on this occasion it is
777 St. Basil's kalenda. The children carry a highly decorated branch of the
431 sorb-tree or sometimes the olive with which they tap people on the shoulder in order to wish them good luck during the year. In return they expect a gift such as dried fruit. The youngsters add a festive air to the day and help build up the emotional crescendo that becomes quite evident
796 as evening approaches — everyone is anxious to find out what their luck
777 will be for the coming year. Excitement is particularly keen around midnight with the cutting of the vasilopita; first, the head of the house cuts a piece of this cake for the Virgin, then one for the house, then one for the job that the head of the house does, then his own piece to be followed by one for his wife and each child in turn. Everyone is curious to find out in what piece the lucky coin will turn up. Should it be in the Virgin's piece, it will be placed on the household shrine, but if any member of the family finds it in his piece he feels fortunate indeed.

431 If the family members exchange any gifts, it is done at this special event
524 on New Year's Eve and not at Christmas. In Northern Greece especially the villagers play cards to test their luck. If anyone loses he is apt to say, "If I lose at cards, I'll win during the year." Those who win say, "I'll be lucky."

796 The devout go to the New Year's Day church service at which the
788 liturgy of St. Basil is employed, and when they come home they are careful to step into the house with their right foot; if they have brought a new
574 icon from the church, the one carrying it will step into the house first. During the day the men pay calls on such village notables as the community president, the priest, the doctor, or the schoolteacher and are served wine with a sort of canape. The women, dressed in their very best, serve the guests. Students, soldiers, and others away from home try to get back to
524 their village for at least a two- or three-day visit. On New Year's Day the card games are taken up again.

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

and godparents in order to beg their forgiveness. Before the evening meal begins the younger members of the family kneel before their parents to ask their pardon for a wrongdoing and to receive a blessing. Carnival is definitely at an end.

Over and over again I asked local informants how many of the people kept the Great Fast before Easter. In the villages the replies were often as high as 80 percent of the older people, but more and more it seems that the younger generation keeps the fast for the one week immediately following Cheese Sunday and then takes it lightly until the Holy Week just prior to Easter. The villagers do not find it hard to give up meat because they actually have little available, but they do find that doing without eggs and cheese is restrictive. The pious manage to live on vegetables, bread, olives, and fruit.

Lent gets off to a frantic start with Clean Monday (*Kathara Deftera*), which is supposedly a period of purification of body and soul. Kitchen utensils are polished until they shine, walls whitewashed to make them look like new, floors scrubbed, and everything made ready for the big holiday which is in store. Townspeople in particular spend this day with their families on a picnic, with many localities having favorite spots that may originally have had a sacred meaning.

Eight days before Easter is the Day of St. Lazarus. On its eve the young girls sing what are called Lazarus songs, and on the day itself they go visiting. They are decorated with flowers and hold palm or laurel branches in their hands. They represent the death and resurrection of Lazarus and receive presents in return for their performance. On this day, too, there are frequently dances in the village squares.

On Palm Sunday the palm or laurel branches are woven into the form of a cross, around which several folk beliefs center. For example, some villagers believe they can tell the future from the cross; and others say this palm cross can be used against the Evil Eye.

Holy Week finds the emotional build-up for Easter increasing day by day. On Monday the housewives put everything in order, particularly if bad weather previously has kept them from getting all the cleaning done. The devout go to church, usually in the evening, although a liturgy is held in the morning as well. In some villages the residents may tie rags in their front door to keep away insects. On Tuesday the people do very little regular work because, as the housewives put it, "we are getting ready for Easter." On Wednesday those attending the morning service are anointed with oil on the forehead, chin, and cheeks (sign of the cross) and, in rural areas, new yeast is prepared in the church and distributed to families for use throughout the year. On Holy Thursday everybody takes the afternoon off, "for it was on this afternoon that Christ was seized." To commemorate the crucifixion in the evening service, the priests read twelve passages from

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Throughout Greece, even in the cities, people never go to their own home or a friend's home from a funeral without first stopping somewhere for a sweet. In many villages it is the custom to wash one's hands before entering the house.

The official period of mourning lasts for two years. Part of the complex of traits connected with mourning is the Feasts of the Dead held at fixed periods, such as the eighth and the fortieth day after burial. Similarly, on the anniversary of the death a feast of remembrance is held. On such occasions the grave is decorated with flowers, a mass is sung, and offerings of *kollyva* are made in the church. Kollyva is "parboiled wheat mixed with pounded walnuts, raisins and parsley, and covered over with a coating of sugar, with the sign of the cross, and sometimes the initials of the deceased worked on it in raisins. The wheat is interpreted as a symbol of the resurrection: as the grain is buried in the earth, rots, and rises again in the shape of a blooming plant, so will the soul rise from the tomb. . . ." [24]

In addition to these ceremonies for deceased individual members of a family, the Greek villagers also have collective feasts for the dead known as Souls' Sabbath (*psychosavvata*), which correspond roughly with spring and harvest, or the life and death cycle of the year. Relatives visit the graves where they leave sweetmeats, parboiled grain, and cakes, and where they kneel and cry beside the tombs as the priests read prayers over them. It is a memorable experience for a foreigner to come unexpectedly upon a graveyard where as many as one hundred and fifty people are wailing over different graves and to see the priests in their colorful robes and with their swinging censers move from one small group to the next.

Priests when they die are treated differently. With an ordinary person the bowl used when the dead are washed for burial is broken and thrown away; but with the priest (in Spetsai at least) it cannot be broken, but is thrown into the sea. The priest's body is not put in a shroud but is dressed by another priest in a *peritrachelion*, or stole which a priest wears when he hears confessions. Also, the first book from which the priest read after becoming a priest is put in the coffin with him. There is another difference, too. At the end of three years after burial, it is customary to dig up the bones of the deceased and wash them in wine and water, but the bones of a priest are washed with oil. When the bones are disinterred, they are put in a basket and taken home to be put under a table on which there is boiled wheat. The priest reads a prayer; the people kiss the skull, put it in the box with the other bones, and this is put in a vault in the cemetery.

Much is made of the condition of the bones. If they are yellowish-brown, this means that the person lived a good life; if they are black, he lived badly. It is also considered a bad omen if the body has not disintegrated.

An excellent summary of the way the peasant fits death into the general scheme of things comes from a study by V. T. Valassis:

2: Friedl E-5 (1955-1959) 3 EH1 Greece EH1
Vasilika

[Good Friday]

796 morning, small boys went from house to house crying, *"Mavros in o uranos,"*
[778] "The sky is black," and they were given money or eggs. Meanwhile, the girls
[788] of the village worked inside the church covering with wild flowers the sedan-chairlike wooden frame in which an oil painting of Jesus on his bier was to be carried around the village that night. The frame and the icon together are called the *epitafios*. The girls seemed thoroughly to enjoy the morning's work, and they 796 laughed, giggled, jostled each other, and called out orders. Occasionally they 562 sang as they worked. It appeared also as if they were taking particular joy in being inside the church with no men to restrain them. They took turns sprawling over the stalls in which, as females, they rarely sat during a service. They also went up to the chanters' stand and recited some of the cantilations which were to be sung that night—the girls can follow the liturgy only silently during the [778] course of the actual service. Some of the younger girls even dared each other to go behind the panel to the altar, a place forbidden to females, but none actually did. They seemed uneasy and were even frightened at the suggestion.

796 The church bell rang at 2:20 that afternoon. The priest, with one of the
788 chanters and his son, performed the service in the course of which he brought the icon from behind the altar, covered it with a white cloth and placed it in its bower. In accordance with the symbolic re-enactment of the event, only the women and girls (and a few schoolboys) were in the church at the time. Once the icon was in place and strewn with flowers, the priest and then the children [764] went up to kiss it. The priest explained that it should be done slowly and deliberately, exactly as it was done for the dead in the village funeral rituals.

Good Friday services began that night at 9:00. At 11:00 the *epitafios* was carried out of the church by four boys. These marched in procession with the *epitafios* behind boys carrying the *lavara* (standards). Behind the *epitafios* walked the priest and the chanters. The rest of the villagers followed holding candles to light the way as the *epitafios* was carried around the entire village. As the bells of the three village churches pealed, and the children chanted *"Enas ine o theos"* and *"Panayia dhespina,"* "God is one" and "Our Lady, the All Holy One," the villagers picked their way carefully over the stones and ruts as they climbed the hillside, circled the whole settlement, and climbed down again on the other side. When the procession reached the church door once more, the boys held the bier high so that the returning congregation passed into the church under it. The service was over shortly after midnight.

796 On Holy Saturday, sweet Easter breads with red eggs inside were dis-
[262] played, other eggs were dyed red, last minute finishing touches were given to Easter clothes and last house-cleaning chores were completed. Some people [461] slaughtered the Easter lamb on Saturday, others waited until Sunday. In the meantime, field chores went on as usual. Everyone rested for a few hours, from about 9:00 Saturday night until the Easter Sunday services began shortly after midnight. These lasted until 4:00 in the morning, with two periods of climax. [788] The first occurred when all the lights in the church were put out and the priest [787] kindled the new light. The boys rushed up to see who could be the first to light his own candle from that of the priest's. They said the winner would be the first of the boys to be married. The rest of the congregation then lit its

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Medical care. The only village in the area that has the best medical service is Megali Vrisi. The efforts of the nurse and the doctor slowly are gaining ground and more and more the people follow their principles of caring for the sick. The newly-erected hospital in the nearby city of Kilkis provides care for the inhabitants of the area free of charge. If the patient is very sick he usually is taken there, where he can find specialized doctors. 758 759 [178] [743]

The construction of the living houses is so poorly done in the village that the care of the sick under such conditions is hard. The windows are small and the mud floor with severe cold winds of the winter and no proper fuel to warm the house makes it harder yet to care for the sick. 758 362

The mutual assistance of relatives in sickness as well as of neighbors is great. People at times of /66/ great difficulties help each other, not only through labor but by giving each other food and even money. Especially is this characteristic of this people to share alike each other's burdens and partake actively in their grief and sorrow. 758 476 621

The Faith Healer. People of experience and cleverness perform certain magical performances that convince the people of their ability to command the spirits. Most of the inhabitants of Megali Vrisi believe them and spend money and time to visit them. People suffering from chronic diseases, or if born with defects of the body, or if unable to bear any child, find as the answer to their discouraged condition the faith healers. 755 [842]

Some Saints who perform miracles for donating to them; a lamb, a hen, a goat, or a cow, may, in return, act favorably for the patient. Priests praying for the sick or for the crippled are not uncommon. On special holidays, certain churches fill up with such sick and crippled people. Some sleep in the church for weeks without food and pray continuously to the Saint. Stories circulate that some one saw the Saint riding on the horse, are very common. Sometimes these saints actually do heal indirectly local pains, even of the partly crippled. Even doctors 755 782 776 [793] [787]

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Local Holidays. The Greek Orthodox Church has more saint days than the calendar of the year could take care of. The church calendar used to provide more than half of the days of the year as observable holidays which naturally provided more leisure time for the people. More leisure time meant more churches, more spending and more monasteries. With the advance of the materialistic civilization these holidays have been greatly reduced, but still there are 94 church holidays for the farmer to observe besides Sundays and the national holidays. These holidays provide ample leisure time /97/ for the farmers to drink and dance. The village musicians get out on the village square and call out those that celebrate their name days. One by one the big circle is formed in the village square. If the Greek Orthodox Church has nothing to serve to the people by building up their religious beliefs, it has enough holidays to relieve the people from life's struggle. Megali Vrisi celebrates St. Nicholas day as its village holiday. This is the day when every corner of every house is scrubbed and cleaned. The village yards are well cleaned. The church committee prepares a special program featuring certain events. Prizes are given to the best wrestlers and to the best dancers. These events draw a large crowd from the neighboring villages. On this special day the livestock of the church is sold in auction. People donate to the church either poultry, calves, sheep, lambs, or goats for the dreams they dreamed about the saint of the church or the help they received from the church when they prayed. These can be considered as sacrifices which people make to the church. The church committee sells the livestock on this occasion. This custom is very similar to that of the primitive peoples of worshiping their gods by sacrifices.

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/98/ The holiday has the following effects on the peoples:

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1. Gives them a chance to clean up their houses.
2. Makes them hospitable for they have to take care of the visitors.
3. The day they forgive each other and forget the old grievances.